



Visitor Restriction Update:

Prevention is the best defense against influenza and its complications. Therefore, we must take steps to reduce the number of unnecessary exposures during this flu season:

1- Effective October 16, 2009 at 7:00am until further notice... visitors under the age of 18 are prohibited in all areas of the hospital.

Children are in the high risk group for influenza and we feel limiting contact in the hospital is in the best interest of patients, visitors and staff. Also, children may not be left unattended in or around hospital property.

2- The following groups are STRONGLY ADVISED NOT to visit the hospital.

- Those who are, or have recently been, ill
- Those with chronic medical conditions and/or reduced immunity
- pregnant women
- Anyone experiencing fever, cough, cold, sneezing, runny nose, bronchitis, headaches, body aches

We apologize for any inconvenience this may cause you, and we hope you understand our desire to keep you and your loved ones safe. Thank you for your assistance.

Tips on how you can avoid the flu:

- ❖ Cough and sneeze into your sleeve
- ❖ Avoid shaking hands or touching others who may be ill
- ❖ If you cough or sneeze into a tissue use it only once and throw it away
- ❖ Wash your hands often with soap and water or alcohol sanitizers